**Privacy Policy and Data Protection**

Any personal data submitted by you on this site is for the use of NaturoHealthNutrition only. Our aim is to keep your data secure, use only what is required and for the relevant purpose for which it was given.

NaturoHealthNutrition is hosted on the on an online platform that enables me to sell products and services securely to you. Your data may be stored through the site’s data storage, databases and the general site applications. The platform stores your data on secure servers behind a firewall.

When you access site to send a message through a contact form or to purchase a service in the bookings section or subscribe to a newsletter, NaturoHealthNutrition collects personal information you give such as your name, address phone number, email address and IPaddress. Your personal information will be used for the specific reasons stated below only:

To contact you regarding consultations, to take payment for bookings or to send you regular information regarding latest nutritional science, naturopathy or functional medicine, blog posts, articles or recipes.

On the new patient questionnaire I list additional services that I require your consent for. Please refer to the form and tick as appropriate to you.

NaturoHealthNutrition may contact you to notify you regarding your consultation, to answer queries, to collect fees or monies owed, to poll your opinions through surveys or questionnaires, to send updates about the company, or as otherwise necessary to contact you to enforce our User Agreement or any agreement I may have with you. For these purposes I may contact you via email, telephone, text messages and postal mail.

NaturoHealthNutrition reserves the right to modify this privacy policy at any time, so please review it frequently. Changes and clarifications will take effect immediately upon their posting on the website. If material changes to this policy, you will be notified here that it has been updated, so that you are aware of what information is collected, how it is used, and under what circumstances, if any, it is to be used and/or disclosed. This document was last updated 21/05/18.

Payments methods are secure when sent over this site. All direct payment gateways offered by the site and used by NaturoHealthNutrition adhere to the standards set by PCI-DSS as managed by the PCI Security Standards Council which aims to ensure the secure handling of credit card information by our store and its service providers. NaturoHealthNutrition does not hold any payment card details; those are processed through secure Paypal. Your data may be used by Paypal, who process your payments. My site employs an encrypted security certificate.

***How long we hold data for***

Your emails, live chat, private Facebook or social media conversations are deleted at the end of our contact session or within 12 months. If you wish you can keep a copy of them in case of future queries.

Written notes made in the consultation are kept securely under lock and key whilst your digital data is stored on an encrypted drive. After 7 years, your data will be destroyed unless it is required for any medical or legal reasons.

Your personal data will never be used for marketing purposes or used for anything other than to contact you or to refer with another health professional after you have given consent where applicable. I do not sell data to third parties and I promise only to use it in the context of the consent you have given.

***Right to be forgotten***

If you would like to: access, correct, amend or delete any personal information NaturoHealthNutrition holds about you please send an email to info@naturohealthnutrition.co.uk.